



DIETARY NEEDS FOR CLIENTS AND CARING FOR CLIENTS WITH MALNUTRITION (3 hours)

Course Schedule

Welcome and Introduction

Learning Outcomes
Regulations
Legislation

Healthy Eating
The Balance of Good Health

Malnutrition
Facts
Causes
Effects

Nutritional Assessment
Recognition
Treatment

Ethics
Healthy Eating for the Older Person

Social Aspects of Eating
Maintaining Independence
Poor Appetite
Hydration

Nutritional Supplements
Enteral Feeding

Quiz, Evaluation & Close